



2 Albert St N., Lindsay

705-878-0933

Pre-Operative Instructions for patients Having General Anesthesia Must:

- Do not eat anything 8-hours prior to surgery
- You can consume clear fluids up to 3-hours prior to surgery
- Arrange for a ride home by a responsible adult following your surgery
- Inform your driver that they are not to leave Lakeland Clinic during your surgery and will also receive Post-Operative Instructions
- Do not wear contact lenses on the day of your surgery
- Remove all jewellery and nail polish
- Dress comfortably, short sleeve shirts are recommended, pants with a belt loop (jeans), and appropriate footwear
- Take all your regular medication, unless otherwise instructed by the doctor. If you are unsure bring your medication with you to your appointment.
- You will not be able to operate a motor vehicle or hazardous equipment for at least 18-hours following surgery
- A minimum 2-business days notice of cancellation is required or a \$300 charge may be applied to your account
- You are to arrive 15-minutes before your scheduled appointment unless your appointment is scheduled for 8:45am or 1:00pm, then 5-minutes in advance is sufficient
- You are to contact the office to confirm your appointment the week prior to your appointment on Friday and again the day before your scheduled appointment.
- Payment is due in full when services are rendered. Payment is accepted by Visa, MasterCard, Cash or Debit. Cheques and any other Credit Card of form of payment are not accepted